

## A WORD FROM OUR CO-SPIRITUAL DIRECTOR

### OPPORTUNITIES TO TRUST JESUS



In her Holy Spirit-filled work, *"Jesus Calling"*<sup>1</sup>, Sarah Young writes (in the voice of Jesus, talking to us): *"When something in your life or thoughts makes you anxious, come to Me and talk about it. Bring Me your prayer and petition with thanksgiving, saying: 'Thank You, Jesus, for this opportunity to trust You more.'" This is great advice, I admit. But for a second I have to lament... why does great-sounding advice so often end up being much harder than it sounds? My mother always said, "Practice makes perfect," and I have spent years perfecting the simple action of taking my anxiety to Jesus. But try as I may, I just can't seem to master the whole "practice makes perfect" thing where continual "thanksgiving" is involved.*

There is a big difference (I think) between a prayer or exclamation of thanksgiving for blessings **already** seen and received, and the **general attitude of thanksgiving** we should maintain at all times, even in the midst of struggle, grief, and turmoil. In the throes of distress, it is not nearly as easy to say, with sincerity and authenticity, *"Jesus, thank you for this opportunity to trust You more."*

This past week was memorable, to say the least. I was not sick, I was not injured, and no catastrophic event overtook me. But, as different schedules and tasks converged, there were not enough hours in the day to get my tasks done, and despite burning the candle at both ends, my life was a chaotic mess! While it was easy to pray, *"Please, God, show me how to work it all out,"* it was difficult to let go of the anxiety and trust God to walk with me through a situation partly of my own making. I had the option of turning my anxiety over to God and trusting in Jesus as my Savior and friend, or... I could worry and fret and cling to my burdens. Much of the week, sadly, I did the latter. But by week's end, I turned things over to Jesus, *and left them there!* Things did not get "miraculously" better, but things got done, and there was a peace that helped me persevere. When I practiced thanking Jesus for the opportunity to trust, the **general attitude of gratitude** changed me by reframing my thoughts and my outlook.

Practice may not always make perfect, but it gets us close to the presence of God that we can discern God at work, and be led by God's Holy Spirit. Once I stopped my pity-party and really trusted in Jesus, everything looked and felt survivable. So today *–sooner rather than later–* I am practicing putting on the attitude of gratitude. Instead, of *"Rats, more snow,"* I have said, *"Thank you, God, for a nice warm home, and eyes that work, so I can see the falling snow!"* This week I am going to practice saying, *"Thank You, Jesus, for the opportunities to trust you more."* If I say it every day (as each day brings opportunities to trust), then when things really fall apart, maybe I can say it and mean it far sooner, before I have sacrificed grace and peace for wasted time and tears.

De Colores!

**Pastor Sherri**

<sup>1</sup>Young, Sarah (2004-10-12). *Jesus Calling - Deluxe Edition: Enjoying Peace in His Presence* (March 1, p. 65). Thomas Nelson. Kindle Edition.

## FROM OUR COMMUNITY LAY DIRECTOR

### Loving Service

Galatians 5:13 calls us to serve one another with love. I was blessed to once again witness that service born from love that the Springfield Emmaus Community showered upon the women of walk #69. Whether you were seen, or unseen, your gift of service enabled the pilgrims and the team to be surrounded by your unconditional love. That was one of the things I was most struck by when I went on my walk. I saw people in the kitchen, but then I learned of all the others that were doing so many things to assist in the walk. When I sponsored Vic for his walk, I knew he too would love the opportunities to serve that are available through the Walk to Emmaus.



When Jesus knelt before his disciples and washed their feet, He took the position of a servant and demonstrated to us the example of servanthood with love. This is how we are to love one another. I find that adopting a servant's attitude has helped me in the workplace also. We all have bosses to answer to, but if we accomplish our job with an attitude of loving service, we may find our jobs to be less stressful and maybe even more fruitful. Through the humble attitude of a servant, I have found that God is opening doors for me to witness for Him at my workplace. Over the last month, I have been amazed at how God is opening my eyes to opportunities to talk about Him, share my love for Him with others, and step out more boldly in declaring my praise for Him, His Son, and the Holy Spirit --- in the workplace, where it is in principle forbidden!

Joshua 24:15 says "...choose today whom you will serve,...but as for me and my household, we will serve the Lord."

Peace,

*Sue Neves*

(937) 241-1020

## AGAPÉ

Thanks to everyone who made agape for this past women's walk!!! You are a very supportive community and the volunteers of the agape team are very appreciative! However, we have lots of leftover agape' from the past several walks with no way to give it back to those of you who made it.

If you want yours back, please email me--[ebshamm@aol.com](mailto:ebshamm@aol.com) or call me--767-8751. We can give it to you at the next gathering, or you can find me before the gathering and we can go up to the agape room and get it.

Your sister in Christ,

*Libby Hammond*

Agape'

## Chrysalis News



Two great Chrysalis Flights in January and February. 26 young ladies and 16 young men participated. Both candle lights were well attended. God truly was present in both weekends! Be thinking of young folks that might be ready for Chrysalis as the next flights are in July.

To help you better understand what Chrysalis is all about, the following article provides an overview of Chrysalis. Similar in most ways to Emmaus but with some changes that are more directed towards teens in high school and start of college (15-24).

## A Journey with Christ

*Therefore, if anyone is in Christ, the new creation has come.*

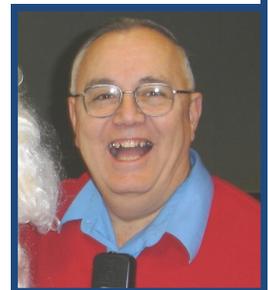
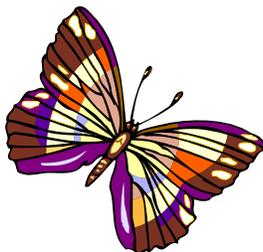
*The old has gone, the new is here! - 2 Cor. 5:17*

A Chrysalis weekend is an experience of Christian spiritual renewal and formation that begins with a three-day short course in Christianity. It is an opportunity to meet Jesus Christ in a new way as God's grace and love is revealed to you through other believers.

The Chrysalis experience begins with the prayerful discernment and invitation from a sponsor. After one accepts this invitation they complete an application. The Chrysalis leaders prayerfully consider each applicant and in God's time, the person is invited to attend a three-day experience of New Testament Christianity as a lifestyle.

Following the three-day experience, participants are joined in small groups to support each other in their ongoing walk with Christ. Through the formational process of accountable discipleship in small groups and participation in the Chrysalis community, each participant's individual gifts and servant-leadership skills are developed for use in the local church and its mission. Participants are encouraged to find ways to live out their individual call to discipleship in their home, church, and community.

The objective of Chrysalis is to inspire, challenge, and equip the local church members for Christian action in their homes, churches, communities and places of work. Chrysalis lifts up a way for our grace-filled lives to be lived and shared with others.



**Tom Dever**  
Chrysalis Representative

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# NOTICE

## Make a Difference by Serving!

The Nominating Committee is now accepting names of community members who are interested in serving on the Board of the Springfield Emmaus Community beginning in July of this year. Positions that will be open as of July are:

- Community Lay Director** (currently Sue Neves)
- Agape** (currently Libby Hammond)
- Treasurer** (currently Dave Zimmerman)
- Logistics** (currently Dan Warren)
- Music** (currently J.C. Howell)
- Outreach** (currently Judy Delledone)
- Purchasing** (currently Greg Stout)
- Men’s Registrar** (currently Juanita Jenkins)
- Newsletter** (Currently John Ahlborn)

If you are interested in a position or would like to have more information, contact Kathy Zimmerman or Sue Neves and you will be provided with a full description of the position and information about Board membership. The committee is also accepting nominations. (If you’d like to nominate someone, be sure to get their permission before you submit their name.) God calls all of us to serve Him and to serve others. This is a wonderful and rewarding way to do that and to help our community grow.

Contact information: Kathy ([ka.zimmerman21@gmail.com](mailto:ka.zimmerman21@gmail.com) or 937-663-4758)  
Sue ([farmmama@netzero.net](mailto:farmmama@netzero.net) or 937-767-2976)

## Reminders:

**The June Women's Walk has been rescheduled to 19-22 June 2014** - pending sufficient numbers of applicants. Please mark your calendars.

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**Board Members**—the Board Meeting is 9 March at 5:30pm. Please plan to attend the gathering at 7pm also.

**Spring is coming!! Keep the faith.**



# WALK DATES FOR 2014

(All dates are tentative until four months prior to the Walk.)

Women's Walk - February 20-23

Men's Walk - April 24-27

Women's Walk - June 19-22 (Revised)

Men's Walk - September 18-21

Women's Walk - November 13-16



**Welcome our new members from  
SPRINGFIELD AREA EMMAUS WOMEN'S WALK #69  
Let's keep them in prayer for their Fourth Days!**

**Melissa Andrews**

**Rosemary Arnold**

**Margaret Barwick**

**Melanie Calland**

**Linda L. Carr**

**Debbie Carter**

**Claudia Cerchiara**

**Sarah Chalgren**

**Beverly Davenport**

**Amy Erne**

**Linda Fox**

**Jennifer Funderburgh**

**Courtney Gant**

**Melyssa Haire**

**Rebekah Hoesterey**

**Kathy Jakucki**

**Kathy Lewis**

**Barb Lindsay**

**Peggy Link**

**Louise Martin**

**Sherry Maxel**

**Patty McAllister**

**Sandra McCoy**

**Shirley McIntosh**

**Kwaunisha Moore**

**Pam Murnahan**

**Kandy Richardson**

**Linda Shook**

**Emma Smith**

**Tery Turvy**

**Shari Webster**



Revised: Feb 2014

# SPRINGFIELD AREA WALK TO EMMAUS

(Please PRINT and fill in ALL blanks)

Name \_\_\_\_\_ Age \_\_\_\_ Sex M \_\_\_\_ F \_\_\_\_  
(as preferred on name tag)

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Church now attending: \_\_\_\_\_ Pastor: \_\_\_\_\_

Church Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Married \_\_\_\_ Single \_\_\_\_ Divorced \_\_\_\_ Widowed \_\_\_\_ Separated \_\_\_\_

Spouse's name \_\_\_\_\_ Walk spouse attended \_\_\_\_\_

Sponsor's name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Walk attended \_\_\_\_\_

Dietary concerns

Medical concerns

Disability concerns

Occupation: \_\_\_\_\_ Company Name: \_\_\_\_\_

Name of a close friend: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/State \_\_\_\_\_ Zip: \_\_\_\_\_

Briefly state why you want to attend a Walk to Emmaus and what you expect.

Would you be able to attend on short notice? Yes \_\_\_\_ No \_\_\_\_ Perhaps \_\_\_\_

I understand that this application does not reserve a position on a particular Walk, but does place me on a list for future Walks to Emmaus in Springfield.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Enclose a NON-REFUNDABLE, NON-TRANSFERRABLE deposit of \$25.00, which applies to your \$75.00 donation to offset expenses. Make checks payable to Springfield Area Emmaus. Remit to: Registrar, Springfield Area Emmaus, High Street United Methodist Church, 230 E. High St., Springfield, OH 45505.

<b>REGISTRATION ONLY</b>			
Date received _____	Card sent to: Sponsor _____	Pilgrim _____	
Deposit rec'd _____	Cash _____	Check # _____	Rec'd from _____
1 <sup>st</sup> Invite _____	2 <sup>nd</sup> Invite _____	3 <sup>rd</sup> Invite _____	Inactive _____