



Prayer to the Holy Spirit Come, Holy Spirit, fill the hearts of your faithful and kindle in us the fire of your love. Send forth your Spirit and we shall be created. And you shall renew the face of the earth. O God, who by the light of the Holy Spirit did instruct the hearts of the faithful, Grant that by the same Holy Spirit we may be truly wise and ever enjoy your consolations. Amen

SPRINGFIELD AREA EMMAUS AUGUST 2022

FROM OUR CO-SPIRITUAL DIRECTOR

De Colores Emmaus Family,

I hope you have been enjoying your summer thus far. One of my favorite things to do during the summer is to go on vacation to southern Florida. This has been a family tradition for as long as I can remember. When I was a child my mom and dad would pack up the camper and we'd start off on the long, arduous, road trip to Florida. The trip took two days as my dad split up the driving time to 8 hours a day. I can remember being impatient and asking my mom repeatedly, the very familiar question, "Are we there yet?" So, to entertain us kids, my mom would challenge us to sing songs, and play "*I Spy with My Little Eye*" and to count the "out of state" license plates. This kept us busy for most of the journey and we'd be content and forget about being cramped up in a car. My mom always packed a picnic lunch too, and we'd pull into a roadside rest to stretch our legs, eat lunch, and run off some of our childhood, energy. Then we'd jump back on the highway, with the windows rolled down, because we didn't have air conditioning, and the warm breeze blowing through our hair, was a welcomed relief. These were good times. We didn't have a care in the world because we were kids, and we were on vacation!

To me, Florida is one of the places where I can relax and get up-close and personal with God and experience a variety of God's amazing, creations. I just love to walk on the beach, looking for seashells, with the sand and waves gently washing over my feet. I also enjoy hearing the sound of the waves splashing onto the seashore with the seagulls and sand pipers calling out, to one another, as they scavenge for their food. The sunsets in Florida are always exceptional! Bright hues of orange, red, yellow and blues, canvas the horizon, and it looks like God has painted them there with, a fan paint brush and acrylic paints. It is also amazing to see the earth's surface and the sky meet, off in a distance, and at times it looks like the sun is going to fall into the abyss of the sea. God's creations are simply beautiful!

Another thing that I find mesmerizing about the beach is the tide pools that occur after the high tide recedes. In this little body of water, we can find small fish, crabs, and seashells that are confined and unable to roam as they once did. These creatures probably do not know how they got trapped in the pools and so they adapt to their surroundings just to survive. Sadly, tide pools also remind me of the suffering people in our world. Certainly, in the beauty of the world, there are drug addicts, the homeless, unemployed individuals, and the sick and hungry. They are God's children that feel trapped in their lifestyles and struggle through life every day. They live, breathe and sleep in the tide pools of life, limited and out of balance. But as Christians we are called to lend a helping hand, and be the hands and feet of Christ, to all of God's beloved children.

Hebrews 13:16 reminds us, "Don't forget to do good and to share what you have because God is pleased with these kinds of sacrifices." Ultimately, it is beneficial to give money to charities, but I like to think that there is more to this verse than that. As followers of Jesus, we are called to be disciples. In other words, we are called to be people that teach others about Jesus' love, mercy, and grace; and as a member of the Emmaus Family, I can't think of a better way to accomplish this task than to invite others to attend Emmaus.

Emmaus was a life changing experience for me and I'm sure that you feel the same way. Let's go through our friend list on Facebook, twitter, and our cell phones. Let's think about our family members, neighbors, and friends that would benefit from having a closer relationship with God. Then let's not stop there. Let's invite God's beloved children to attend an Emmaus Walk. Let's be the waves that meet people, right where they are, and help them find their way out of life's entrapments. Because I know that God will meet them here at Emmaus and they will be glad that they came!

Rev. Mary Beth Cheeseman, Co-Spiritual Director

FROM OUR COMMUNITY LAY DIRECTOR

TO MY EMMAUS FAMILY

Greetings,



First, I want to take this moment to thank you for extending to me this opportunity to serve in the position as Community Lay Director. I am unable to express in words just how I feel inside. I find it an honor and a privilege to serve in this position.

Second, please do not hesitate to contact me with any questions or concerns you may have. You can reach me any time (up until 10:00pm). Feel free to call, text or email me.

Third, I would like to ask each of you to pray for our Community. This is truly a praying Community and I know God will answer each and every prayer. Please pray for our Community to come back together. There are many negative actions going on in our local area, our state, our nation, and our world. We, the Prayer Warriors, must stand on the Word of God and continue to be His hands and feet. We don't know who is watching us. When others see us, they should see the Light of God glowing in us.

"If God is for us, who can be against us?" - Romans 8:31

And to let you go for now, I invite you to come to our August 14th Gathering. (You remember the 2nd Sunday monthly - smiling) Still at the High Street United Methodist Church. Fellowship is 6:30pm to 7:00pm in the Conference Room. The Gathering starts promptly at 7:00pm in Sanctuary.

See You on Sunday-August 14th @ 7pm. And remember, I love each and every one of you and there ain't nuthin' you can do about it!

DeColores!

Love You, Verna

"I strongly suspect that if we saw *all the difference* even the tiniest of our prayers make, and *all the people* those little prayers were destined to affect, and *all the consequences* of those prayers down through the centuries, we would be so paralyzed with awe at *the power of prayer* that we would be unable to get up off our knees for the rest of our lives. "

-Peter Kreeft, Professor of Philosophy, Boston College



www.spirituallythinking.blogspot.com



Please be in prayer for the upcoming Women's Walk, team, Pilgrims.. Families...

“

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference. Living one day at a time, enjoying one moment at a time; accepting hardship as a pathway to peace; taking, as Jesus did, this sinful world as it is, not as I would have it; trusting that You will make all things right if I surrender to Your will; so that I may be reasonably happy in this life and supremely happy with You forever in the next. Amen.”

**THE SERENITY PRAYER,
REINHOLD NIEBUHR**

womans day

Springfield Area Emmaus Willing Servant Sheet Please Print:

Name:

Address: _____ City: _____

Zip: _____

Home Ph: _____ Cell Ph: _____

Regularly Attend Share Group? Y / N

Church Attending: _____ Walk # _____ Walk Location

Email: _____

Information is current as of: (Date)

===== I Am Willing To Serve In These Areas:===== Please Check All That Apply

Help serving meals Be a Meal Coordinator Help with Agape for weekend Help Registrar (contact pilgrims before walk) Help Set up/Tear Down for weekend Help with Sponsorship (help get info to Sponsors) Help get word out about Emmaus Help on purchasing team for weekend Be on a Live-In Team Lead Music Play an instrument: _____ Offer special music for Gatherings or walks Help with the newsletter Help with social after Gatherings Help set up Worship Provide secretarial help at Board Meetings Help inventory and organize supplies

Help with cleaning bathrooms during a walk Help get people connected to Share Groups

To learn more about Emmaus by attending the Leadership Development Event (LDE)

Help in other ways:

Please Mail to Springfield Area Emmaus, 230 East High Street, Springfield OH 45505,
or drop off at the back table at any Gathering.

SPRINGFIELD AREA WALK TO EMMAUS (Please PRINT and fill in ALL blanks)

Name _____ (as preferred on name tag)

Age ____ Sex M ____ F ____

Address _____

City _____ State _____ Zip Code _____

_____ - _____ Phone _____

Church now attending: _____

Pastor: _____

Church Address _____

City _____ State ____ Zip _____ Married ____ Single ____

Divorced ____ Widowed ____ Separated ____

Spouse's name _____

Walk spouse attended _____

Sponsor's name _____

Phone _____

Address _____ City _____

State ____ Zip _____

Walk attended _____

Dietary concerns, Medical concerns, Disability concerns you may write on the back if needed

Occupation: _____ Company _____

Name: _____

Name of a close friend: _____

Phone: _____

Address: _____ City/State _____

Zip: _____

Briefly state why you want to attend a Walk to Emmaus and what you expect.

Would you be able to attend on short notice? Yes ____ No ____ Perhaps ____

I understand that this application does not reserve a position on a particular Walk but does place me on a list for future Walks to Emmaus in Springfield.

Signature _____ Date _____

Enclose a NON-REFUNDABLE, NON-TRANSFERRABLE deposit of \$25.00, which applies to your \$75.00 donation to offset expenses. Make checks payable to Springfield Area Emmaus. Remit to: Registrar, Springfield Area Emmaus, High Street United Methodist Church, 230 E. High St., Springfield, OH 45505.

REGISTRATION ONLY Date received _____ Card sent to: Sponsor _____

Pilgrim _____ Deposit rec'd _____ Cash _____ Check # _____ Rec'd from _____

_____ 1st Invite _____ 2nd Invite _____ 3rd

Invite _____ Inactive _____ Revised Sept. 2013