



SPRINGFIELD AREA EMMAUS AUGUST 2023

FROM OUR CO-SPIRITUAL DIRECTOR

Hi Friends! As I sit here at my desk to write this article, I am fully aware that the season of summer is quickly coming to an end! I can hear locusts in the distance and the farmer's fields are about to display the beautiful, golden, color of harvest. It seems like yesterday we were getting excited because winter was giving way to the promise of spring. Certainly, time does fly when we're having fun and I must admit, the older I get, the faster time seems to fly right on by! –

Indeed, all the changing seasons remind me of the rhythm of life and how God designed everything to live within a rhythm. God even hard-wired humanity to have a circadian rhythm which is a biological Latin word that means "around a day." This rhythm tells us when to get up and when to go to sleep; and it lets us know when we're doing too much, and when it's time to rest at Jesus' feet.

Another thing that we don't usually think about having a rhythm, is our relationships. Do you know that God created the cadence of community, and this is a very important aspect of the church? This means that we can't do life on our own! So, it's imperative that we attend in-person worship every week, come to Emmaus gatherings, and not only join a share group, but be active in one. Indeed, without each other, it is nearly impossible for our spiritual selves to survive. Ultimately, we help each other, on our journeys, by encouraging one another, holding each other accountable, and lifting each other up in prayer. So, if you are not in a Share Group reach out to a Good Shepherd and get connected to someone today.

This reminds me of Paul's words to Timothy, whom he had mentored through the years, when Paul was aware that his earthly life would soon come to an end. Paul stated in 2 Timothy 4: 7-8, "I have fought the good fight, I have finished the race, I have kept the faith. 8 Now there is in store for me the crown of righteousness, which the Lord, the righteous Judge, will award to me on that day—and not only to me, but also to all who have longed for his appearing."

Prayer to the Holy Spirit Come, Holy Spirit, fill the hearts of your faithful and kindle in us the fire of your love. Send forth your Spirit and we shall be created. And you shall renew the face of the earth. O God, who by the light of the Holy Spirit did instruct the hearts of the faithful, Grant that by the same Holy Spirit we may be truly wise and ever enjoy your consolations. Amen

In other words, Paul tells Timothy yes times are going to be hard, the world we live in is difficult, but don't lose heart. Our heavenly reward is waiting for us if we only choose to persevere. Friends, aren't these words...something that we all desire to say at the end of our lives? I must admit that sometimes the 6:00 news is filled with nothing but tragedy and despair. Sometimes, it can be difficult to not get distracted by the evil in the world. However, our Emmaus Family is a tight knit group that is connected, together by the power of the Holy Spirit. So, let's make it our mission to stay connected to one another and more importantly to God. Then we too will be able to proclaim like Paul that we have fought the good fight, we have finished the race, we have kept the faith; and we've done it through the power of Christ and through the cadence of our community!

DeColores, Pastor Mary Beth



FROM OUR COMMUNITY LAY DIRECTOR

I hope everyone is enjoying their summer so far. We had a great gathering in July. It is always great to spend time in worship and fellowship with our Emmaus Brothers and Sisters. Please plan to come to the August gathering and bring a friend! It can be your sponsor, someone that you sponsored or someone that is interested in attending a weekend. Please keep Mary Casto and Carlene Sands in your prayers. Mary will be the 4th day speaker at the August Gathering and Carlene will be the Lay Director for the women's walk in November. Hope to see you in August.
DeColores,
Rick

Our Purchasing and Supply committee is requesting donations for our upcoming walks.

Items needed are:

Folders with pockets

Pens

Pencils

Spiral ring notebooks- college rule

Boxes of tissues

Toiletries for the back table in the conference rooms:

Personal size deodorant, soap, toothpaste, toothbrushes, mouthwash, ChapStick, Polident, combs, hand sanitizers, aspirin, Tylenol, Roloids, shampoo, and conditioners (hotel size would be perfect) or Tums, etc.

Thank you in advance.

DeColores,

Bonita Dover



WITH DEEPEST
sympathy

Dear Emmaus Family-

Please keep the families of our Emmaus Brothers & Sisters in your prayers who have recently passed forward to be with Jesus:

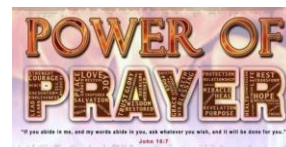
Dan Downing March 29, 2023

Dr. Sally Abbott Pomputius June 29, 2023

Paul Luttrull July 2, 2023

Ron Coss July 6, 2023

1 Thessalonians 4:13-14 ¹³ But we do not want you to be uninformed, brothers, about those who are asleep, that you may not grieve as others do who have no hope. ¹⁴ For since we believe that Jesus died and rose again, even so, through Jesus, God will bring with him those who have fallen asleep. (ESV)



Please be in prayer for our upcoming Women's Walk.

Pray for Carlene Sands as the Lay Director as she seeks God on team members, the Team as it prepares and the Pilgrims as they prepare for their walk, and their families.

Would you continue to pray for our Springfield Area Emmaus Board?

AGAPE Jeanne Lewis

COMMUNITY LAY DIRECTOR Rick Clark

FINANCE/TREASURER Jennifer Webster

4th DAY COORDINATOR Melody and Jim Leonard

HIGH ST U.M.C. REP Susan Roosen

KITCHEN Greg and Kim Bachman

LEADERSHIP Verna Reed

LOGISTICS Terry Johnson

MUSIC Tracy Wilson

NEWSLETTER Rita Beedy

NURTURING COORDINATOR Janice Cumming

KAIROS Dana Johnson

PURCHASING AND SUPPLY Bonita Dover

REGISTRAR Jamie Burke

SECRETARY Libby Hammond

SOCIAL Betty Reed

SPIRITUAL DIRECTOR Rev Ben Webster

SPIRITUAL DIRECTOR Rev. Mary Beth Cheeseman

SPONSORSHIP Wendy Haynes-Britton

WORHSIP Beth Reda

Thank You

Ephesians 3:20-21 ²⁰ Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, ²¹ to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

(ESV)

SPRINGFIELD AREA WALK TO EMMAUS

(Please PRINT and fill in ALL blanks)

Name _____ Age _____ Sex: M F
(as preferred on name tag)

Address _____ Phone _____

City _____ State _____ Zip _____

Email _____ Married Single Separated Widowed Divorced

Spouse's Name _____ Walk spouse attended _____

Church now attending _____ Pastor _____

Church Address _____ Phone _____

SPONSOR'S NAME _____ Phone _____

Address _____ City _____ State _____ Zip _____

Email _____ Walk attended _____

Any Dietary/Medical/Disability Concerns:

Name of a close friend _____ Phone _____

Address _____ State _____ Zip _____

Email _____

Briefly state why you want to attend a Walk to Emmaus and what you expect.

Would you be able to attend on short notice? Yes _____ No _____ Perhaps _____

I understand that this application does not reserve a position on a particular Walk, but does place me on a list for future Walks to Emmaus in Springfield.

Signature _____ Date _____

Enclose a NON-REFUNDABLE deposit of \$25.00, which applies to your \$100.00 donation to offset expenses. Make checks payable to Springfield Area Emmaus. Remit to: Registrar, Springfield Area Emmaus, High Street United Methodist Church, 230 E. High St., Springfield, OH 45505.

REGISTRATION ONLY			
Date Rec'd _____	Card sent to: Sponsor _____	Pilgrim _____	
Deposit Rec'd _____	Cash _____	Check # _____	Rec'd from _____
1 st Invite _____	2 nd Invite _____	3 rd Invite _____	Inactive _____

Springfield Area Emmaus Willing Servant Sheet

Please print name: _____

Address: _____ City: _____

Zip: _____

Home Ph: _____ Cell Ph: _____ Regularly Attend Share Group? Y

/ N

Church Attending: _____ Walk # _____ Walk Location _____

Email: _____

—

Information is current as of: (Date)

===== I Am Willing To Serve In These Areas:=====

Please Check All That Apply

Help serving meals Be a Meal Coordinator Help with Agape for weekend

Help Registrar (contact pilgrims before walk) Help Set up/Tear Down for weekend

Help with Sponsorship (help get info to Sponsors) Help get word out about Emmaus

Help on purchasing team for weekend Be on a Live-In Team Lead Music

Play an instrument: Offer special music for Gatherings or walks

Help with the newsletter Help with social after Gatherings Help set up Worship

Provide secretarial help at Board Meetings Help inventory and organize supplies

Help with cleaning bathrooms during a walk Help get people connected to Share

Groups

To learn more about Emmaus by attending the Leadership Development Event (LDE)

Help in other ways:

Please Mail to Springfield Area Emmaus, 230 East High Street, Springfield OH 45505, or drop off at the back table at any Gathering.