



SPRINGFIELD AREA EMMAUS AUGUST 2024

Prayer to the Holy Spirit Come, Holy Spirit, fill the hearts of your faithful and kindle in us the fire of your love. Send forth your Spirit and we shall be created. And you shall renew the face of the earth. O God, who by the light of the Holy Spirit did instruct the hearts of the faithful, Grant that by the same Holy Spirit we may be truly wise and ever enjoy your consolations. Amen

FROM OUR CO SPIRITUAL DIRECTOR:

The apostles gathered around Jesus and reported to him all they had done and taught. Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest." So, they went away by themselves in a boat to a solitary place. (Mark 6:30-32)

In 1983, the North Carolina State men's basketball team entered the season ranked number 16 in the preseason AP Poll. At the midpoint of the season, they had sputtered to a meager 9-7 record after losing to Maryland on January 29th. Then a young coach was able to rally the team together. The team was able to avoid missing the NCAA tournament by winning three close games in the ACC Tournament. NC State was eventually given a number 6 seed for the NCAA Tournament, in which they went on, inspired, to win the National Championship. The coach of that team was a man named Jimmy Valvano. The winning of the tournament was considered a "miracle" as no one believed that NC State had the ability to win, let alone the right to win. Years later, Coach Valvano was diagnosed with cancer. He fought hard and encouraged many people during his fight. One evening in 1997, he was honored by the broadcasting company ESPN, in an evening that is considered to be the sports worlds' equivalent to the Oscars. Jimmy V was the first recipient of what came to be known as the Jimmy V Award. The award continues today and is given to a deserving member of the sporting world who has overcome great obstacles through perseverance and determination. Jimmy V gave an acceptance speech that night that honored God and his family. That same speech has also become an icon amongst motivational speakers and quotes. There is one thing that he said that night that still resonates with me, "To me there are three things everyone should do every day. Number one is laugh. You should laugh every day. Number two is to think, we should spend some time in thought. And number three is you should have your emotions moved to tears. If you laugh, you think, and you cry, that's a full day. That's a great day! You do that, seven days a week, you're going to have something special."

The disciples were having one of those days. They had just been sent out in pairs, by Jesus, to go and minister in villages and towns in Israel. They had driven out many demons and anointed many people with oil and healed them. (Mark 6:12).

Then on the way back, they had received news that their friend and mentor, John the Baptist, had been murdered, so they gathered to take his body and bury him.

I can only imagine what the conversation must've been like when they gathered around Jesus to tell him everything that had happened. I can hear the laughter as they tell their stories. I can hear the seriousness, and emotion in their voices as they recall the lives that were changed and knowing that Jesus was in the middle of it. I can also hear their sadness as they remember their friend and mentor, John the Baptist. Through all of this, I can picture Jesus sitting there smiling, laughing, listening, and being moved by all that they told him and all that they had experienced. Finally, Jesus notices that they are tired. They need some rest. What an experience that day must've been, as they went off with Jesus to a remote place. A place where there were no distractions. No computers, no tv, no internet, just a place to rest, think, reflect, and meditate with Jesus. Our lives are filled with so many "highs" and "lows". Sometimes we need to spend some time resting WITH Jesus. We need to spend time WITH him and allow him to renew us. The disciples had the opportunity to actually rest WITH Jesus. They saw him at night when they went to sleep. They woke up in the morning to see him among them. How wonderful that must've been! They shared their thoughts and emotions WITH him. They laughed WITH him, cried WITH him, cared for others WITH him. They experienced life WITH him. They were re-charged by him as they were living WITH him.

Isn't this what are Fourth Days should be? Are you taking the time to rest WITH Jesus? Are you having a full, fourth day, every day, by laughing, thinking, and crying WITH Jesus? As Jimmy V said, "if you laugh, you think, and you cry...that's a full day". Let's experience a full Fourth day by living our lives WITH Jesus and allowing ourselves to rest WITH Him.

De Colores,

Pastor Ben



Community Lay Director Thoughts – Kim Bachman

Hello Emmaus Family,

I'm Kim Bachman, and I attended the Springfield Area Women's Walk to Emmaus #21, and I sat at the Table of Ruth. (clap) While some things have changed since I went on my Walk, some things have not! We still are an ecumenical movement, and welcome Christians of all religious backgrounds. We also continue to rely on God, his Son Jesus Christ, and the Holy Spirit to lead us. Our July Gathering was Spirit filled, with some of the brothers from 52 sharing about their Fourth Days. While some of my Emmaus brothers and sisters have passed forward into eternity, I love meeting new members of the Family. I hope many of you can come to the picnic at Emery Chapel UMC, 3500 Springfield Xenia Rd, Springfield, OH 45506. We plan to start at 6 pm, so we have time to eat and fellowship before Worship starts at 7 pm. (See invitation). *Our Fourth Day Speaker for August will be Shelly Clemens* Kim



EMMAUS PICNIC

*Our August Gathering will be held at
Emery Chapel UMC*

*3500 Springfield Xenia Rd, Springfield, OH
45506*

*We will meet at 6 pm for the picnic, with
worship to follow at 7 pm.*

*Hot dogs, hamburgers, and buns, lemonade
and iced tea will be provided. Please bring a
dish to share, as well as a chair.*

Hope to see you on August 11!!

Questions – contact Kim Bachman, 937-206-7213



From 4th day coordinator: Your three days of the Walk to Emmaus are over, but Your Fourth days have begun and last forever. Our prayer is that you have been and continue to be encouraged to a lifetime of Discipleship. We hope you go back to serving in your church with new energy and excitement and share Grace where you live and work.

As you continue to build a closer relationship with God (life of piety) you can attend monthly Gatherings (the Body of Christ) for fellowship, prayer, Communion, worship, and spiritual uplift. Reunion groups, often called share groups, are another way to talk about how your fourth days are going, how you might grow through study, or maybe those exciting close to God moments.

Share groups can be formed with your walk tablemates, your sponsors might help, or your church might have discipleship groups. You may know others who have attended the Walk to Emmaus and pursue an interest in starting a share/support group.

Then let your Fourth Day Coordinators know of openings and we can get that information out there. Personally, my share group meets every other Thursday at Mc Ds. It is a cherished time for me and my sisters.

We look forward to hearing how your fourth days are going. May you let His Light shine through you. God bless and De Colores! M. Leonard

SAWWE #19, Table of Sarah 

PRAYER REQUESTS

Women's walk #78 with Sherry Fout as the Lay Director will take place Nov. 14- 17th. (There's still plenty of time to get applications in.)

High Street Rep: Susan Roosen- Dishwasher update: making progress and hope to be purchasing one this coming week.

Kitchen: With Kim moving into the Lay Director position, we will need more cooks on the November Walk. We have been so pleased and grateful for the outpouring of support in the kitchen on recent walks.

We have a prayer request for Eric Cumming, husband of our sister in Christ, Janice Cumming, who recently had back surgery.

YOU'RE INVITED!

Dave and Carlene Sands are inviting the Emmaus Community to a Get Together at their place, 4440 St Rt 55 in Urbana on Sept 28. The theme is Chicken and Grinnin' for Food, Fun, and Desserts. It will start at 5 pm. There will be a talent show for songs, poems, karaoke, and artwork with PRIZES! Roger, their pet donkey will be there, who loves people and plays with a ball.

SPRINGFIELD AREA WALK TO EMMAUS (Please PRINT and fill in ALL blanks)

Name _____ (as preferred on name tag) Age ____ Sex M ____ F ____

Address _____

Phone _____ City _____

State _____ Zip Code _____ - _____

Email address _____

Church now attending: _____ Pastor: _____

Church Address _____

City _____ State ____ Zip _____

Married ____ Single ____ Divorced ____ Widowed ____ Separated ____

Spouse's name _____ Walk spouse attended _____

Sponsor's name _____ Phone _____

Email Address _____

Address _____ City _____ State ____ Zip _____

Walk attended _____

Any Dietary, Medical or Disability concerns _____

Occupation: _____ Company Name: _____

Name of a close friend: _____

Phone: _____ Address: _____

City/State _____ Zip: _____

Briefly state why you want to attend a Walk to Emmaus and what you expect. (you may use the back, also)

Would you be able to attend on short notice? Yes ____ No ____ Perhaps ____

I understand that this application does not reserve a position on a particular Walk but does place me on a list for future Walks to Emmaus in Springfield.

Signature _____ Date _____

Enclose a NON-REFUNDABLE, NON-TRANSFERRABLE deposit of \$25.00, which applies to your \$75.00 donation to offset expenses. Make checks payable to Springfield Area Emmaus. Remit to: Registrar, Springfield Area Emmaus, High Street United Methodist Church, 230 E. High St., Springfield, OH 45505.

REGISTRATION ONLY Date received _____ Card sent to: Sponsor _____

Pilgrim _____ Deposit rec'd _____ Cash _____ Check # _____ Rec'd from _____

1st Invite _____ 2nd Invite _____ 3rd

Invite _____ Inactive _____ Revised Sept. 2013

Springfield Area Emmaus Willing Servant Sheet

Please print name: _____

Address: _____ City: _____

Zip: _____

Home Ph: _____ Cell Ph: _____

Email: _____

Regularly Attend Share Group? Y / N

Church Attending: _____

Walk # _____ Walk Location _____

Email: _____

Information is current as of: (Date) _____

===== I Am Willing To Serve In These Areas:=====

Please Check All That Apply

Help serving meals Be a Meal Coordinator Help with Agape for Weekends

Help Registrar (contact pilgrims before walk) Help Set up/Tear Down for Weekends

Help with Sponsorship (help get info to Sponsors) Help get word out about Emmaus

Help on purchasing team for weekend Be on a Live-In Team Lead Music

Play an instrument: _____ Offer special music for Gatherings or Walks

Help with the newsletter Help with social before Gatherings Help set up Worship

Provide secretarial help at Board Meetings Help inventory and organize supplies

Help with cleaning bathrooms during a walk Help get people connected to Share Groups

To learn more about Emmaus by attending the Leadership Development Event (LDE)

Help in other ways: _____

Please Mail to Springfield Area Emmaus, 230 East High Street, Springfield OH 45505, or drop off at the back table at any Gathering.