



SPRINGFIELD AREA EMMAUS OCTOBER 2023

Prayer to the Holy Spirit Come, Holy Spirit, fill the hearts of your faithful and kindle in us the fire of your love. Send forth your Spirit and we shall be created. And you shall renew the face of the earth. O God, who by the light of the Holy Spirit did instruct the hearts of the faithful, Grant that by the same Holy Spirit we may be truly wise and ever enjoy your consolations. Amen

FROM OUR CO SIPRITUAL DIRECTOR

Happy Fall Ya'll! I just love the season of fall where all of creation seems to be shouting and praising God through the creator's beauty! The cooler temperatures and shorter days not only help the trees to display an array of beautiful fall colors, but this season also tugs at our hearts to come together in community around bonfires, roasting winners, and making smores. This is one of my favorite seasons. I actually enjoy them all; but fall lends itself to glorify God. It's amazing to me how each season gives way to the next and everything that God created lives within God's perfect order. This truth alone proves that God has everything under control. However, God loves us all so much that God gifted humanity with the freedom of choice.

Recently, I found myself thinking about creation and how God has created everything to live within God's boundaries and I was led to meditate on the scripture where Paul names the Fruit of the Spirit. Galatians 5:22-26 reads – "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, [and] self-control; against such things there is no law. 24 And those who belong to Christ Jesus have crucified the flesh with its passions and desires. 25 If we live by the Spirit, let us also keep in step with the Spirit."

Certainly, keeping in step with the Spirit sounds easy enough to do. After all, we are reminded that God is always with us making it possible for us to stay connected to God. But at times the world comes crashing in and makes putting God first in our lives a little more difficult. Indeed, I'd have to say that humanity is the only part of creation that struggles to live within God's boundaries 100% of the time. Our free will entices us to give into worldly desires which can lead us to struggle to put God first in our lives. Sadly friends, when we aren't in sync with God, and living within God's plan and boundaries, we find ourselves unable to cultivate the Spirit's fruit. Paul makes it clear that the Holy Spirit is the source that produces the fruit in us. However, it's our responsibility to receive God's love, and then love God enough, to develop the fruit of the

Spirit and put God's love into action.

During one of my seminary classes I learned that the fruit named in Galatians 5: 22 -23 is just "love" that is put into action. So, it's essential that we nurture our relationship with Christ so that everything in our lives will reflect the character of Jesus. I also learned that "self-control" then, is the key that unlocks all the other fruit. For example, if we tend to be unfaithful, and neglect our spiritual disciplines, then we must recognize it and decide to exercise self-control. If we are prone to being impatient with others, we must exercise self-control. If we find ourselves being a little grumpy, we must exercise self-control. - This is true for all the Spirit's fruit because self-control is needed to unlock and cultivate the Spirit's fruit, which enables us to keep in step with the Spirit and live within the boundaries of God. So, let's stay in step with the Spirit my friends and work together and develop the Spirit's fruit; because we might be the only Christian that some people meet, and Christ Jesus is counting on us to introduce others to God's love; so that they too will bring God glory.

DeColores, Pastor Mary Beth Cheeseman



Editor's note:

Sorry to get this out so late, praying everyone gets it to be reminded of the Gathering, October 8th, refreshments at 6:30, please bring something to share if you'd like.

Gathering promptly at 7 p.m.

If you have a new email address or want to get the newsletter and aren't getting it, please let me and Libby Hammond who is keeping the Database up know. I'm getting a lot of returned emails. Thank you.

FROM OUR COMMUNITY LAY DIRECTOR

The Summer months are behind us, and we are officially into Fall. We are coming up on busy and exciting times for our community with the upcoming October Gathering, the Women's Walk and right after that we will have the November Gathering. It will be great to spend so much time together and serving as a community. Please remember to keep the team in prayer as they prepare and especially the pilgrims, they have no idea what God has planned for them.

I hope to see you all at the October Gathering where our 4th day talk will be a little different this month as we will have a husband-and-wife team, Terry and Sandy Sowers, sharing what their weekend meant to them and what they have done on their 4th days.

Remember, God's plan is always best. We have no idea where we are being taken. We just need to pray, listen, and trust in Him. We know that he has great plans for us and our community.

DeColores,
Rick



Walking Together

The Power of Sponsorship in Our Emmaus Community

Dear Emmaus Community,

I hope this message finds you well and filled with the joy of the Lord. I want to take a moment to reflect on a crucial aspect of our Emmaus community - sponsorship, the heart and soul of our ministry.

Why Sponsorship Matters

Sponsorship is more than just a process; it's a sacred commitment to journey alongside someone as they experience God's grace and love. When we sponsor a pilgrim, we become their prayer partners, advocates, and guides. We are given the privilege of witnessing their spiritual growth, which is a deeply transformative experience for both the sponsor and the pilgrim.

The Impact of Sponsorship

Sponsoring a new pilgrim is like lighting a candle in the darkness. It is an act of love and faith that can change lives. As sponsors, we play a pivotal role in helping pilgrims to:



Discover Their Faith: Many pilgrims come to the Walk to Emmaus seeking answers, struggling with doubts, or feeling disconnected from their faith. Sponsors provide them with a supportive, non-judgmental space to explore their spirituality.

Experience Community: The Emmaus Walk is not a solitary journey; it's a communal experience. Sponsors help pilgrims feel welcomed, valued, and part of our loving community.

Develop Lifelong Friendships: Through sponsorship, we often forge deep, lasting bonds with our pilgrims. These connections extend far beyond the Walk and continue to nurture their spiritual growth.

Find a Support System: Life can be challenging, and our pilgrims need ongoing support. Sponsors become the point of contact for their spiritual needs, helping them navigate life's trials and tribulations.

Thank you Sponsors!!

We cannot emphasize enough how crucial sponsors are to our community. Your dedication, love, and prayers make a significant impact on the lives of those who walk the Emmaus path. We want to take this moment to express our profound appreciation for each and every one of you who has sponsored a pilgrim. You are a beacon of hope, guiding others toward God's love.

Keeping Pilgrims Involved After Their Walk

The Walk to Emmaus is just the beginning of a lifelong journey of faith. To keep our pilgrims engaged and connected, consider these ideas:

Share Groups: Encourage your pilgrims to join or start a share group. These small, intimate gatherings provide ongoing spiritual support and fellowship.

Service Opportunities: Encourage them to serve as sponsors themselves or get involved in community service projects. This not only keeps them engaged but also helps them grow in faith.

Community Events: Attend and invite them to attend the gatherings, Fourth Day events, and other Emmaus activities with you. These events are wonderful opportunities for fellowship and continued spiritual growth.

Prayer Partners: Suggest that they become prayer partners for future pilgrims. This allows them to give back and be part of the journey for others.

Sponsorship is the lifeblood of our Emmaus community. It's a sacred duty that carries profound rewards, not only for the pilgrims but also for the sponsors themselves. Let us continue to support and uplift one another as we walk together on this incredible journey of faith.

May God's grace and love continue to shine brightly in our Emmaus community.

Blessings and peace,
Wendy Haynes-Britton

Sponsorship



PRAYER REQUESTS

WW#77, NOVEMBER 3-5, 2023

TEAM wisdom, peace, courage, and clarity to give talks as needed, and love for the Pilgrims.

PILGRIMS that there would be peace in their hearts, that The Lord will bless them richly.

SERVERS, LOGISTICS,

KITCHEN Greg & and Kim Bachman, helpers

AGAPE NEEDS Jeanne Lewis- Needs: 10x13 envelopes, Agape pens, and bubbles. (speak with Jeanne for details)

LOVE, GRACE, AND MERCY.

KAIROS #19 for LoCI, Is the same weekend Dana Johnson is heading this up. COOKIES AND PRAYERS NEEDED

PLEASE, remember our dear Verna, who is recovering from surgery. Our Co-Spiritual Director as her foot heals, and our Jennifer as she has health issues, and we also have Emmaus family fighting cancer.



Ahhh, cool days, warm drinks, fall colors, times of waiting on children at practice... even if it's too cold to sit outside to read, there might be a fireplace and comfy chair with your name on it!

Recommendations for fall reading!

The Masterpiece, Francine Rivers

Christian Fiction by C.S. Lewis

The View From Rainshadow Bay, Coleen Coble

The Third Target, Joel C Roseberg

Even Now, Karen Kingsbury

A.D.30, Ted Dekker

<https://www.fanawards.com/christian-fiction-books-read-fall> From K-Loves page.

And best of all, time in the Scripture, hearing from our Heavenly Father!



A Powerful Prayer for Fall

Abba, Father, the trees are ablaze with your glory.
The seasons change, but you never do.
You are always beautiful,
in the green and freshness of spring
as in the golds and reds and chills of autumn.

Make me like you.
Let my life reflect your beauty,
season after season,
as the calendar of my life turns and turns and turns. The trees are letting go of this year's foliage.
Help me let go of both blessings and burdens,
and surrender them both to your loving care.

Fallen leaves pattern the ground with variety.
So design my own fallings and failings
into whatever design will please you most.
In Jesus' name, I pray, Amen.

<https://guideposts.org/prayer/seasonal-prayers/4-simple-prayers-for-fall/>

SPRINGFIELD AREA WALK TO EMMAUS (Please PRINT and fill in ALL blanks)

Name _____ (as preferred on name tag)

Age _____ Sex M _____ F _____

Address _____

Phone _____

City _____ State _____

Zip Code _____ - _____

Email address _____

Church now attending: _____

Pastor: _____

Church Address _____

City _____ State _____ Zip _____

Married _____ Single _____ Divorced _____ Widowed _____ Separated _____

Spouse's name _____ Walk spouse attended _____

Sponsor's name _____

Phone _____

Address _____

City _____ State _____ Zip _____

Walk attended _____

Any Dietary, Medical or Disability concerns _____

Occupation: _____

Company Name: _____

Name of a close friend: _____

Phone: _____

Address: _____

City/State _____ Zip: _____

Briefly state why you want to attend a Walk to Emmaus and what you expect.

Would you be able to attend on short notice? Yes _____ No _____ Perhaps _____

I understand that this application does not reserve a position on a particular Walk but does place me on a list for future Walks to Emmaus in Springfield.

Signature _____ Date _____

Enclose a **NON-REFUNDABLE, NON-TRANSFERRABLE** deposit of \$25.00, which applies to your \$75.00 donation to offset expenses. Make checks payable to Springfield Area Emmaus. Remit to: Registrar, Springfield Area Emmaus, High Street United Methodist Church, 230 E. High St., Springfield, OH 45505.

REGISTRATION ONLY Date received _____ Card sent to: _____

Sponsor _____ Pilgrim _____ Deposit rec'd _____

Cash _____ Check # _____ Rec'd from _____ 1st

Invite _____ 2nd Invite _____ 3rd Invite _____

Inactive _____ Revised Sept. 2013

Springfield Area Emmaus Willing Servant Sheet

Please Print:

Name: _____

Address: _____ City: _____

Zip: _____

Home Ph: _____ Cell Ph: _____

Email: _____

Regularly Attend Share Group? Y / N

Church Attending: _____

Walk # _____ Walk Location _____

Information is current as of: (Date)

===== I Am Willing To Serve In These Areas:=====

Please Check All That Apply

Help serving meals Be a Meal Coordinator Help with Agape for weekend

Help Registrar (contact pilgrims before walk) Help Set up/Tear Down for weekend

Help with Sponsorship (help get info to Sponsors) Help get word out about Emmaus

Help on purchasing team for weekend Be on a Live-In Team Lead Music

Play an instrument: _____ Offer special music for Gatherings or walks

Help with the newsletter Help with social after Gatherings Help set up Worship

Provide secretarial help at Board Meetings Help inventory and organize supplies

Help with cleaning bathrooms during a walk Help get people connected to Share Groups

To learn more about Emmaus by attending the Leadership Development Event (LDE)

Help in other ways:

Please Mail to Springfield Area Emmaus, 230 East High Street, Springfield OH 45505, or drop off at the back table at any Gathering.