



CO-COMMUNITY SPIRITUAL DIRECTOR'S THOUGHTS

Each time the Emmaus Community gathers we can be assured of one thing; prayer and praise will be integral to our time together. I have recently been reminded how powerful this combination can be when the community is intentional about taking specific times to gather for prayer and praise. Lives are changed, people are set free from bondages, powerful addictions are broken, emotional healing takes place and crying out to God for something is replaced by an overwhelming desire to praise God with every breath.

As we grow and mature in our spiritual journey, we find our spirit moves easily from prayers of petition into true worship of the God who created us and loves us more than we can ever imagine. But some times we might need a little encouragement as we find ways of praying and praising that are different from our normal prayer times.

Larry Crabb knows how important words of encouragement can be. "Young men in his church were expected to pray aloud in Communion Services. So the young Larry Crabb felt pressured to pray, even though he had a problem with stuttering. He remembers offering a terribly confused prayer in which he thanked the Father for hanging on the cross and praised Christ for triumphantly bringing the Spirit from the grave. When he was finished, he vowed he would never again pray out loud in front of a group.

At the end of the Service, Crabb made for the door. Before he could get out, an older man caught him. "Larry, there's one thing I want you to know," the man said. "Whatever you do for the Lord, I'm behind you 1,000 percent."

"Even as I write these words, my eyes fill with tears," says Crabb, who has since become a bestselling book author, psychologist, and speaker. "Those words were life words. They had power. They reached deep into my being." (based on Larry Crabb, *Encouragement*)

As Emmaus people we are all on the journey and we are growing and maturing in our faith and prayer life. As we step out in faith and move from just petition prayers to true worship let us speak words of life to each other, words that will encourage us in the ways of the Lord. Sing praises to God as you go to sleep at night so that when you wake your spirit will be singing the praises back to you. Alleluia.

De Colores,
Carolyn Peacock
Co-Community Spiritual Director

GREETINGS TO THE EMMAUS COMMUNITY

As I sit here and enjoy the coolness of the summer creeping away, I think about how fast this summer seems to have gone by. Usually Barb and I spend our summers in Alaska with our son, daughter-in-law and grandson, but this summer we were both blessed to serve as lay directors. Barb on Emmaus and myself on Chrysalis and what a blessing it was.

Have you ever stopped to think about how God blesses us every day? We are free to worship as we please and to openly pray and praise God at anytime. And even though Christians seem to be in the minority more and more each day, it makes me feel great to see more and more people attending Emmaus walks. This summer, seeing friends and people I know going on walks just makes me feel excited for them. Serving on the men's team on walk 37 and seeing the many changes that were made by God on that walk was very powerful and to have friends attend women's walk 56 still makes me feel great. Then to see men and women from both walks serving in the kitchen and coming in and cleaning showers and bathrooms shows that Emmaus does what it is supposed to do, make us servants. It's really inspiring to be cleaning toilet's for the Lord and I want to thank you all for being willing servant's for Him. It's great to see attendance picking up at gatherings, being able to enjoy fellowship with your Emmaus family and catching up with new and old friends alike.

Speaking of the gathering's, everyone knows that when Emmaus meets, Emmaus eats, but it seems to be harder and harder to find share groups to clean up afterwards, so we have started asking people to stick around for a short time and help clean and put tables and chairs back in order, so please help out, many hands make short work. Along that line, I want to remind everyone to be sure and attend the Emmaus picnic on September 20th, to be held at the 402 park at the corner of Derr and Moorefield Roads. Bring a dish to share and enjoy spending time with your community family. I know you will enjoy it. Once again I want to welcome the men of walk 38 to our family and hope to see you all serving as much as you can.

Remember to keep Shelly Canan and the team of WW57 in your prayers as they will begin their meetings for the walk in November. May God bless you all for all you do and I look forward to seeing you all on Sept. 20th.

In His service John Baugh

ANNUAL EMMAUS PICNIC

Sunday, September 20 from 2pm to 6pm,

at the Local 402 picnic grounds, 4945 Derr Road.

The dinner will be a carry-in.

If your last name begins with A-J, please bring a meat dish or casserole.

K-R, please bring a vegetable or salad.

S-Z, please bring a dessert.

Beverages and table service will be provided,
along with some great praise music. See you there!

Springfield Area Walk To Emmaus

(Please print and fill in all blanks)

Name: _____ Age: _____ Sex: Male Female

Address: _____ Phone: _____

City: _____ State: _____ Zip Code: _____

Church you are now attending: _____

Married Single Divorced Widowed Separated

Spouses Name: _____ Walk Attended? _____

Sponsor's Name: _____ Walk Attended? _____

Address: _____ Phone: _____

City: _____ State: _____ Zip Code: _____

Dietary Concerns: _____

Medical Concerns: _____

Disability Concerns: _____

Occupation: _____

Company: _____ Phone: _____

Name of close friend: _____ Phone: _____

Address: _____ City/State: _____ Zip Code: _____

Briefly state why you want to attend an Emmaus Walk & what you expect: _____

Can you attend on short notice? Yes No Maybe

I understand that this application does not reserve a position of a particular walk, but does place me on a list for future walks to Emmaus in Springfield.

Signature: _____ Date: _____

Please enclose a non-refundable, pre-registration deposit of \$20.00, which applies to your \$65.00 donation to offset expenses. Make checks payable to: Springfield Area Emmaus. Remit to: Registrar/Springfield Area Emmaus Community, 230 E. High Street, Springfield, OH 45505.

For Registration Only

Date received: _____ Card Sent To: _____ Sponsor: _____ Pilgrim: _____

Deposit Rec'd: _____ Cash _____ Check # _____ Rec'd From: _____

1st Invite: _____ 2nd Invite: _____ 3rd Invite: _____ Inactive: _____

High Street United Methodist Church
230 East High Street
Springfield, OH 45505

Non-Profit
Organization
U.S. Postage Paid
Springfield, OH
Permit No. 27

Newsletter e-mail:
info@berners.com

Find us online:

www.spfldemmaus.com
www.highstreetumc.com

UPCOMING GATHERING!

Picnic:

Sunday, September 20, 2009 at 2 PM

Annual Picnic at the Local 402 picnic grounds
4945 Derr Road, see info inside

Gatherings:

Sunday, October 11, 2009 at 7 PM

FOOD & FELLOWSHIP:

After each gathering, there will be a time of
fellowship and food.

If you plan to stay, please bring a dish to share.

2009 WALK DATES:

Women's Walks

#57

November 5-8

LD: Shelly Canan

PLEASE HELP!

We are in need of applications.
Please consider sponsoring a
pilgrim!

Therefore, I urge you, brothers, in view of God's mercy,
to offer your bodies as living sacrifices,
holy and pleasing to God—this is your spiritual act of worship.

Romans 12:1
